

*SPRING VIRTUAL CONFERENCE!*

Date: Tuesday, April 26, 2022

Time: 9:00am -3:00pm

Welcome and Business Meeting: 9:00am

Facilitator: Mary Piciocco, Chairperson

# **Topic: Nutritional Management of Neurological Disorders** 9:30-11:00am

# Presenter: **Dr. Phyllis Famularo DCN, RD, CSG, LDN, FAND**

*Senior Manager-Sodexo*

*Explore Nutrition Strategies for the care of individuals with Parkinson’s Disease, MS, ALS and HD.*

* **Topic: Integrative Approaches to Address Micronutrient Deficiencies** 11:00am-12:00pm

# Presenter: **Alison Reyes, MS, RDN, LDN, IFNCP,** *Internship Director-Sodexo Healthcare Services*

*Discuss the presence and potential causes of micronutrient deficiencies and safety/effectiveness of supplementation in older adults.*

**Break: 12:00pm-12:30pm**

# **Topic: Promoting Brain Health through Lifestyle and Nutrition** 12:30- 2:00pm Presenter: **Kelly H. Cuetara MS RD LDN**,*Clinical Dietitian/Dining Service Mgr, Sodexo Senior Living*

*Define neural protections against cognitive decline, biological and lifestyle risk factors and nutrition*

*Roles in maintaining brain health.*

# **Topic: Positive Connections: Understanding how to Engage your** 2:00- 3:00pm **Compromised Resident for Improved Nutrition Outcomes**

# Presenter: **Beth Nolan, PhD,** *Director of Research and Policy, Positive Approach LLC*

*Identify positive approaches in engaging your clients at their cognitive level to improve their success at nutrition and hydration management*

*Board Meeting to Follow after webinar*

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# **Cost:** Members **$40** Non-Members: **$50** Students: **$25**

**To Sign up**: Please visit our website at [www.njnutritionexpert.com](about:blank) to register.

**Deadline**: Friday, April 22, 2022 5 C.E.U. total credits (Academy of Nutrition and Dietetics)

For Checks: Mail to Pat Matthews, Treasurer, 16 Hillside Avenue, Jamesburg, NJ 08831